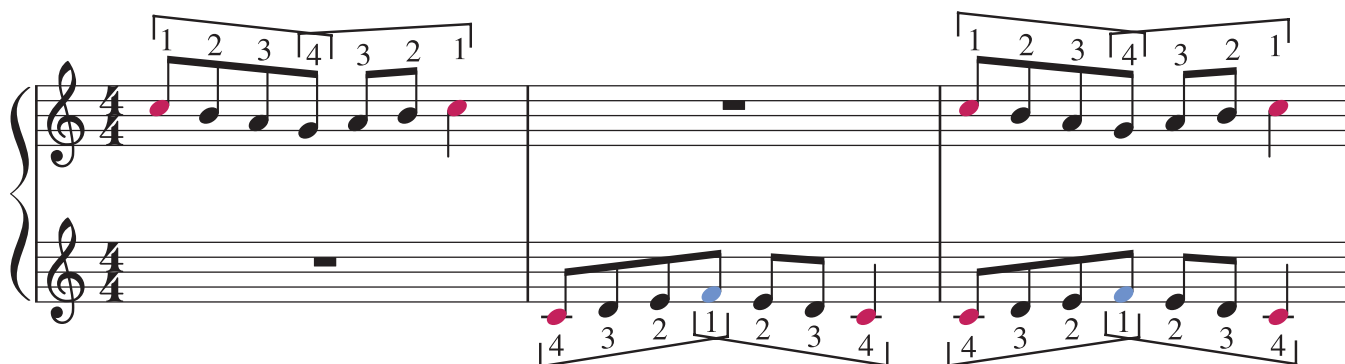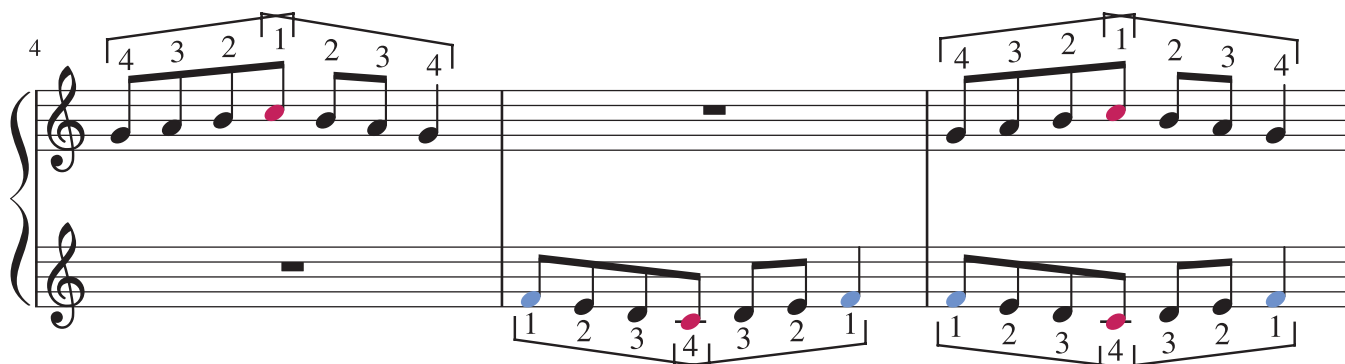# Contrary Motion

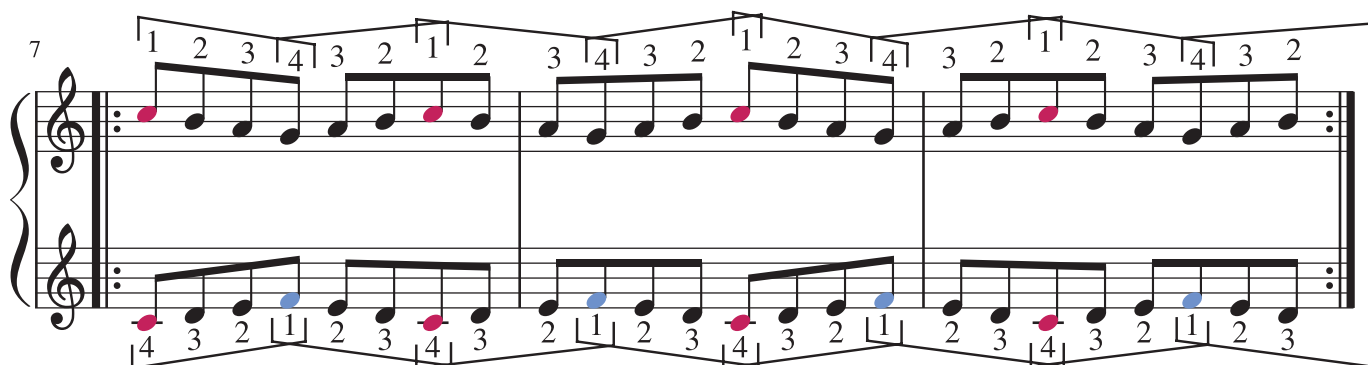## Playing in Opposite Directions

Play in then out.

Play out then in.

Continue playing in and out, repeating until you can keep it moving steady without mistakes.

To finish, end the repeats by playing C's.